



Karamoja Tribes

UGANDA



13 days
 11 - 23 March 2025
 English speaking tour leader



The 'unforgettable' of the trip:

- The natural wonders of the **Nile springs** and the **Sipi waterfalls**
- The **Nyeru rock paintings**, the highest expression of Ugandan prehistoric art
- The traditions of the **Pokot, Karamojong** and **Tepeth** tribes
- The incredible village of **Nakapelimoru** and the **Jiye** tribe
- The trek up **Mount Morungore** and the remote **Ik tribe**
- Meeting **healers, cattle markets, artisanal gold mines**
- Safari in **Kidepo National Park**, savannah inhabited by lions, cheetahs, elephants and buffalos
- Safari on foot in the **Ziwa Rhino Sanctuary**, following rhino tracks



Kanaga Africa Tours - info@kanaga-at.com
 +223 76723946 - www.kanaga-at.com

Day 1: Tuesday 11 March

Outward flight/Entebbe (EBB)/Kampala

Flight to Entebbe. On arrival meeting with the Kanaga Africa Tours staff who will arrange transfer to Kampala to Humura Garden Hotel or similar, overnight in double room with en-suite facilities.

Day 2: Wednesday 12 March

Kampala/Jinja/Nile Springs/Sipi Falls

After breakfast, assistance in exchanging euros and the possible purchase of a local phone card. Departure for the city of JINJA, located in the south-eastern part of the country on the shores of Lake Victoria. Here lies the source of the River Nile, which we will discover on a boat trip. The river flows from the Lake Victoria area (located in present-day Uganda, Tanzania and Kenya) and ends in the Mediterranean Sea more than 6,600 kilometres to the north, making it one of the longest rivers in the world. After lunch we proceed to the edge of MOUNT ELGON NATIONAL PARK, accommodation at Rafiki Lodge or similar. We will then visit a coffee plantation to learn how the precious bean is grown, harvested and processed. Overnight stay at the hotel.

Day 3: Thursday 13 March

Sipi Falls/Sebei Tribe/Sipi Falls

Breakfast at the hotel and excursion to admire the impressive SIPI WATERFALLS, with three jumps of which the main one is almost 100 metres. The route runs along the edge of the forest and is not too demanding, with the possibility of a regenerating bath in the natural pool. Lunch in a restaurant and departure for the sacred caves of the SEBEI TRIBE, where we learn about the traditional culture of this people of Nilotic origin. Return to the hotel and overnight stay in a double room with services.



Day 4: Friday 14 March

Sipi Falls/Nyero/Teso Tribe/Pian Upe

Breakfast at the hotel. Depart for the NYERO ROCK PAINTINGS, considered the oldest expression of rock art in Uganda. They consist of six panels of prehistoric art, including many geometric and abstract motifs. Painted with red and black pigments on six granite rock shelters, these expressions are estimated to date back between 3,000 and 12,000 years, and are believed to have been designed by Stone Age hunters and gatherers. Lunch in a restaurant. In the afternoon we visit a TESO VILLAGE, a Nilotic fishing group on Lake Bisina. Continuation to the PIAN UPE nature reserve, dinner at the camp and overnight stay in double igloo tents.

Day 5: Saturday 15 March

Pian Upe/Pokot Tribe/Moroto

Breakfast at the camp. Departure to a POKOT VILLAGE, a group of the Nilotic stock belonging to the Karenjin community, originally from southern Ethiopia. These semi-nomadic herders migrated to Uganda and Kenya in later times, following transhumance and escaping tribal wars for access to resources with neighbouring groups. Picnic lunch and continuation to Moroto. On arrival, accommodation at Karamoja Safari Camp or similar, dinner and overnight in double rooms with en-suite facilities.



Day 6: Sunday 16 March

Moroto/Karamojong Tribe

After breakfast, we will immerse ourselves in the culture of the KARAMOJONG TRIBE, learning about their daily life and participating in a cultural dance. We will also visit a traditional healer, who will explain the ways in which local plants and animal products are used to cure certain diseases. Picnic lunch. In the afternoon, we visit an artisanal gold mine, where we learn about gold mining. Dinner at the camp and overnight stay in double igloo tents.

Day 7: Monday 17 March

Karamojong/Tepeth Tribe

Breakfast at the camp. On this day we will have a cultural experience with the ETNIA TEPETH, who live in the highlands of Mount Moroto, the highest mountain in Karamoja. The Tepeth, Uganda's smallest tribe, found refuge in the mountains when the Karamojong took over and settled on their land. We will participate in the daily life of the Ere villagers, witnessing the preparation of food, the use of beads to make everyday jewellery, archery and arrow shooting and traditional wrestling. We also visit the small Karamoja museum, which houses a collection on the cultural heritage of the region. We will spend the night with the Tepeth shepherds and their animals in the kraal, where we will share stories with them around the fire, and try to learn all about nomadic life. Dinner at the camp and overnight stay in double igloo tents.



Day 8: Tuesday 18 March

Tepeth/Kotido/Jiye Tribe/Kaboong

Breakfast at the camp. Departure for Kotido to attend a WEEKLY CATTLE MARKET, where the different ethnic groups of Karamoja come to exchange products (animals and textiles mainly), and participate in social life, sipping traditional fermented beer. Picnic lunch followed by a visit to the VILLAGE OF NAKAPELIMORU, considered the largest in East Africa, where we will come into contact with the JIYE TRIBE. Famous for their walled villages, whose dwellings are decorated with animal skulls, the Jiye are organised in strongly hierarchical societies, in which the aesthetic cult of the body is a preponderant part, according to a complex symbology, expressed in elaborate decorations and showy scarifications on the face and body, indicative of the status and role each individual occupies in society. Continue to Kaboong, dinner and overnight at the Kaboong Resort Hotel or similar, in a double room with services.

Day 9: Wednesday 19 March

Kaboong/Kidepo National Park

Breakfast and transfer to KIDEPO NATIONAL PARK. Accommodation at the Kidepo Savannah Lodge or similar, lunch. In the afternoon, game drives* in the park, inhabited by some 80 mammal species, including buffalo, elephant, lion, zebra and ostrich. It is the only park in Uganda where it is possible to spot, among others, jackal, oryx, greater kudu, Grant's gazelle, as well as caracal and cheetah. Dinner and overnight in double safari tents with services.

Day 9: Thursday 20 March

Kidepo NP/Ik Tribe Ik/Kidepo Np

Breakfast at the lodge. Excursion to MORUNGORE MOUNT, home to the IK TRIBE, Uganda's most remote tribal community, whom anthropologist Colin Turnbull described in the 1960s as 'hostile' and 'evil', but this was actually an error of perspective on the part of the researcher, who observed some extreme behaviour in times of famine. We will spend the morning learning about the culture and traditions of this unique people. Picnic lunch and return to the Lodge. Weather permitting, it will be possible to take a game drive* in the Kidepo Park before sunset. Dinner and overnight in double safari tents with services.



Day 11: Friday 21 March

Kidepo/Ziwa

Breakfast at the lodge. Transfer day to the south, with a stop at KARUMA to admire the mighty waters of the Nile. Lunch and on to ZIWA, in the Nakasongola district, for an overnight stay at the Amuka Safari Lodge or similar. Dinner and overnight stay in double rooms with services.

Day 12: Saturday 22 March

Ziwa Rhino Sanctuary/Entebbe (EBB)/Return flight

After breakfast, an early morning nature walk to follow the tracks of the rhinos that were reintroduced to Uganda after their extinction in the ZIWA SANCTUARY, where you can also see a wide variety of wildlife and birds. Lunch and transfer to Entebbe. Day use rooms on request. Transfer to the airport in time for your return flight. End of services.

Day 13: Sunday 23 March

Return flight

Arrival at the destination airport.



Karamoja Tribes

UGANDA (UGA01PS250311)

13 days

11 - 23 March 2025

English speaking tour leader

Individual participation fee in double room (min. 6/max. 12 pax)

4,290 €/pax

**on promotion at € 4,190
for bookings before 11/12/2024**

**on promotion at € 4,090
for bookings before 11/09/2024**

Supplements:

- Enrollment fee: **free!**
- Single room/tent: **510 €**
- Extra night Entebbe: **120 €/room**
- eVisa service: **90 €**
- Lake Victoria extension: **on request**
- Extension Kigali: **on request**

The fee includes:

- English speaking tour leader;
- English-speaking local guide;
- Visits and excursions as scheduled;
- Entrances to Kidepo parks and the Ziwa shrine;
- All transfers by 4x4 safari vehicle, including drivers, fuel and tolls;
- Full board meals, from breakfast in G2 to lunch in G12;
- Mineral water during transfers;
- Field material;
- Cook and field kitchen;
- 11 nights (6 in hotel/lodge, 2 in 'luxury' safari tents, 3 in igloo tents) in double room/tent.

The fee does not include:

- The visa for Uganda;
- Travel/health/baggage cancellation insurance;
- Air flights;
- Transfers to/from airport with companies other than the recommended one;
- Drinks and mineral water;
- Meals not included in the itinerary;
- Possible day use in Kampala/Entebbe;
- Taxes and photo tips outside the villages/activities included in the itinerary;
- Tips and expenses of a personal nature;
- Everything mentioned in 'Supplements';
- Anything not expressly mentioned in "the fee includes".